3: Read E-5 (1935-1939)1960
FR5 Ngoni FR5

rocky outcrops. In September, several weeks before the rains begin, the trees burst out into red foliage, making scarlet rings and patches around the mountains and along the valleys, while through the hard-baked earth spring gladioli and orchids. This is the time of the bush fires when grass is burned and men and boys go hunting. The first rain storms bring a transformation. Fresh green grass covers the land, and scarlet leaves turn bright green on bushes and trees, and later marigolds turn the hillsides golden and yellow arums and red-hot pokers appear along the roadsides.

In making this high plateau their home, the Ngoni chose it primarily for the pasture lands for their cattle. They sited their villages on the ridges or the slopes of the hills, where they had a commanding position, with access to water, good land for cultivation in the shallow dips and river valleys, and woodlands where they could cut poles for their houses and cattle kraals.

The traditional Ngoni village was built in a horse shoe formation round a circular cattle kraal. Larger villages had a central kraal with huts round it, and several other kraals each with its horseshoe grouping of huts. A large village, and there were many of over a hundred huts, seemed at first sight to be a sprawling collection of huts and kraals, with a few tall trees about and several red ant-hills. A pattern of hut sites became apparent, however, once the family and kinship grouping was known. Behind each hut was one or more circular grain stores built on platforms, large ones for maize and smaller ones for millet or ground-nuts. In the Central Ngoni kingdom, and sometimes in the Northern kingdom, there were tall reed fences round the huts of leading families, enclosing an open space where household work went on, and wood and grass were stored.

There were two focal points in each village, reproduced on a minor scale in the hamlets round each kraal. One was the 'big house' at the head of the kraal, where the leading woman had her home.

3: Read E-5 (1935-1939) 1960
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to carry it safely when loaded and how to aim carefully. His father, who was a noted preacher, then likened aiming in shooting to aims in life: 'There are many things in the world, and when you see them you will think that you can have them all at once. But you will fail if you have no aim and do not choose what you want to aim at.'

The 'chase', the main Ngoni form of hunting in a group, took place in the hot dry season, after the grass fires and before the first rains fell. A leading man who wanted to hunt sent messengers to neighbouring villages to announce that a hunt would be held on a certain day in such and such an area. The form of the message was the same as that for mobilization for war. The villagers turned out in companies according to their old military formations; and on the night before the hunt they slept apart from their wives, as when mobilized for a campaign. On reaching the hunting site, the slope of a hill, or the head of a valley, or a shallow depression, the important people were in the centre, the ordinary men around them and the youths on the wing. All could come to the hunt, masters and servants alike.

Etiquette was strict about the kill. The first man who wounded the game with his spear called out his name, the second who inflicted a wound did the same, and so did the man who dealt the final blow. All those three were entitled to some part of the animal according to his share in the killing, and part was set aside for the 'owner' of the hunt. Spears were used in this kind of hunt, and those who had no spears, chiefly the non-Ngoni servants and lesser villagers, used long hunting-knives and knobkerries. No guns were taken on this kind of chase, but dogs accompanied the huntsmen. These dogs were trained for hunting and tracking game, and were lean and fierce but under control by their owners. Accompanying the main body of huntsmen were skilled trackers who knew the area well and could guide the hunt, calling out at intervals one of the Ngoni war-cries: 'Listen. Do you hear me? I say the game is over there.'

4: Barnes E-5 (1946-1949)1951 FR5 Ngoni FR5
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much opportunity for a man to assess his sweetheart's domestic efficiency and moral character, but he can get information on these matters from other people who live in her vicinity. When he sees a girl in a distant village where he is staying, he has more leisure to see what she is like and can ask his own hosts about her character. Girls visit in the same way as men, and if a girl is anxious to get a husband and fears she may not find one, she may spend most of her time visiting in different villages hoping to attract a suitable man. There is more time for visiting and flirting at the end of the dry season when there is little work to do in the gardens, but marriages are contracted throughout the year.[5]

Young men say that what they like in a girl is a light skin colour, a pretty face, and the ability to dance and to copulate well. Some men, however, say that such a girl might be all right to run after, but for marriage one would also need to know that she could cook porridge. Women say they like a man who is well dressed, who has a good job working for a European, and who has a parting in his hair. Women sometimes wear medicines which are believed to attract men, and men who have no good clothes may borrow the clothes of others in order to attract women.

3. Sexual partners

The relationship between a man and his wife, at least for the first years of their marriage, is spoken of principally in sexual terms, and the sexual activities of the couple are more closely defined by the marriage bond than are their residence and their economic life. Informants say that the reason for the existence of marriage is either 'the work in the house', a euphemism for copulation, or else 'clothes', that is, so that a woman may have someone to buy clothes for her. It is, however, much easier to improvise alternative solutions to the problem of clothing than it is to find alternative means of sexual satisfaction without coming into conflict with law and morality. Furthermore, while we have seen in the old days that the main emphasis was on the fertility of the woman, this has now shifted, and it is her skill in copulation rather than her success in childbearing that is emphasized. Fertility is still valued, but does not appear to form so important a theme in ceremonial, songs, and gossip as among other societies where the principle of unilinear descent has not broken down, and where, therefore, fertility either of a man's wife or of his sister, is a vital necessity for the maintenance of local structure.

The husband-wife relationship is one in which the man is apparently superordinate to his wife, but we shall see that in practice this superordination is not as clear-cut as might at first appear. It is furthermore a relationship in which there are certain prescribed mutual obligations, so that if these obligations are neglected, it is

[5] Cf. Young and Banda, *Our African Way of Life*, p. 60.

10: Barnes E-5 (1946-1949) 1959
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replaced by new ones, but the village as a whole may be regarded as stationary. The exhaustion of garden land in the vicinity of the village is the principal reason for moving, as with the passage of time a man has to go farther and farther from the village to find new land. Sooner or later it becomes more convenient to move the village to another locality where there is plenty of regenerated land on which gardens can be made. The death of the headman is sometimes followed by a move to a new site, while quarrels within a village may cause a portion of the inhabitants to go off and live on their own, usually after the matter has been referred to the chief. Since 1898 many villages have been moved off land alienated to Whites, or away from congested areas.

When the Administration is the instigator of the move, the new village site is a matter for discussion between District Officer, county chief, and village headman. In moves made on the initiative of the villagers, the various possible new sites are reconnoitred by the headman and other important people in the village and the site chosen is notified to the chief for his approval. The first people start to make their gardens in the vicinity of the site, and work is started on the new village. For this a recently abandoned garden site may be chosen, as it is easier to clear. The first structure to be built is usually a cattle byre. Making a byre is very hard work, and I was told that if it was left till later it would be difficult to get people to tackle the job. Rattray, writing of Gomani's Ngoni of central Nyasaland, relates how the headman's hut is built before the others, but this custom appears to be unknown in Fort Jameson District.[1]

Building is begun by the more industrious before the rains end, and is completed after the harvest. The transition from the old site to the new one is gradual, as, unless the distance between the sites is too great, people will continue working the gardens in the old area until they are exhausted. New gardens are indeed opened up on the old site of the village, and it is quite common to see the ground dug up between the huts at the end of the rains while there are people still living there.

[1] Rattray, *Folk-Lore Stories*, pp. 109–11. Fraser, *Winning a Primitive People*, pp. 203–5, gives an account of the building of a new village among Mombera's Ngoni of northern Nyasaland, in which the cattle byre was built first, but it must be remembered that this was a village built round a central byre, after the fashion of the South-Eastern Bantu, whereas the cattle byre in a Fort Jameson village is nowadays a smaller affair placed on the outskirts of the village.

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423 widows continue to cultivate the gardens they had before his death. When a man opens up a new garden he may hand over his nearly exhausted old garden to some relative who does not wish to go to the labour of clearing new ground himself. Rights in land cannot be sold, but only given away, and no presents are given to the donor by the recipient of a garden or garden site. They can only be sustained by continued residence in the locality, either by the owner of the rights himself or by his relatives. There are very few court cases concerned with rights in land, and in the courts the only attempt I saw in which a man tried to enforce what he thought to be his rights was met by the statement from the bench that no one had any rights in land, for did not all land belong to the chief?

241 Maize is planted at the beginning of the rains, and the garden is usually weeded twice over before the maize has grown high enough to surmount the weeds. When the rains end, the stalks are felled and put into large stooks to dry. The cobs are then taken off the stalks and carried back to the village to be stored. Finger millet is grown in ash-fertilized patches scattered through the main garden, and in between the maize ground-nuts, pumpkins, and other crops are grown. Sorghum, bulrush millet, and rice are also grown. Most of the work in the garden is carried on in the rainy season, and after the harvest the garden is more or less deserted until the next season, although a certain amount of new land may be cleared as a garden extension.

Dwellings outside the Village

361 There are two types of settlement outside the recognized villages that require mention. These are permanently occupied settlements consisting of two or three huts which I shall refer to as hamlets and [578] temporarily occupied huts in the gardens. The hamlets usually arise as a result of quarrels within a village that are resolved by the breaking away of one of the parties to the quarrel. The activities of the Agricul- [648] tural Department have also led to the formation of hamlets of similar size, both of hamlets of persons accepting agricultural control whose co-villagers have all moved off, and the other way about. These hamlets are all attached to proper villages for registration purposes, and participate in many of the collective activities of the villages near by.

● 221 The damage done to crops in the latter part of the rainy season 361 necessitates the keeping of a continuous watch, particularly at gar- [241] dens that are on the edge of a cultivated area, in order to drive off the monkeys by day and the wild pigs by night. Shelters are erected on

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the edge of gardens, and some people spend most of their time there, returning to the village only to fetch food. Beer parties are held in the gardens, and the villages, particularly in the middle of the week, are largely deserted during the day. One or two boys or old men may stay behind to look after the cattle. Streams are in spate at this time of year, and some men build garden byres to which they move their cattle to avoid the risk of the animals or their herdboys being taken by the water.

This life in the gardens is important from the point of view of inter-village action in that it provides an opportunity for new residential groups to form, albeit temporarily. People without garden shelters of their own may share the shelter of a neighbouring gardener, who may be from another village. People may site their gardens so that they are adjacent to those of kindred from other villages, with whom they will be united for this period of garden residence. Thus, for example, a woman who lives in her husband's village has a widowed mother still living in *her* dead husband's village a mile away. The gardens of the mother and daughter are adjacent, and they both possess garden huts which are built alongside one another. They co-operate in much of the work of their gardens.

With the completion of the harvest, the need for living in the garden ceases, but some people delay their return to the village for a month or so. The explanation given is that immediately after the end of the rains and the harvest, there is much activity by the Administration and the Native Authority in organizing public works, and that by staying on in the gardens people hope to avoid becoming involved in these projects.

Cattle-keeping

The circular village cattle byre, with the dwelling huts built round it in a great circle, as occurs among the South-Eastern Bantu and as reported by Elmslie[1] from Mombera's Ngoni of Nyasaland, is not found at the present time among the Fort Jameson Ngoni. Most villages now have two or three separate cattle byres, and they are placed on the periphery of the village area. They consist of fenced enclosures open to the weather, with a single entrance blocked with poles, and may be up to 20 yards across. Calves are kept in smaller enclosures or in deserted dwelling huts whose owners have gone away or are dead. Where there are well-defined clusters of huts within a village, each cluster may have its own byre, but this is not always the case. Cattle

[1] Elmslie, p. 37.

/4 cont'd/

national basis to include all the adolescent males in the tribe, whatever their origin. Women were grouped into corresponding regiments. This system broke down after the first World War, when so many young men went away in the fighting. To-day the great exodus is not to war but to work, to the mines of Southern Rhodesia and elsewhere, and the incidence of labour migration is so high that it is not unknown to find a village in which there is no adult male resident. Part of the exodus is seasonal, and many men and women, as well as children, find employment on the tobacco farms of the district and in Fort Jameson Township.

II

The staple crop is maize, of which enough is grown to provide in good years for a small surplus for sale to the tobacco farms and the Administration. Tobacco is not grown by Africans for sale, except within the villages, but vegetables and a little rice and finger millet are sold to Europeans. Cattle are kept in the fly-free areas, and play an important but diminishing part in social life as the means of paying bridewealth, but the sale of cattle is not at present a regular affair. Their principal use is as a form of capital investment that can be called up to meet damages and fines awarded by the Courts.

The population of the tribe is about 60,000, the majority living in the Ngoni and Msandile Reserves, both near to Fort /5/ Jameson. The remainder live on the tobacco farms or in Fort Jameson Township. Villages vary in size from settlements of three or four huts to large clusters containing up to 500 people. The average size of a village is about thirty huts with a population of 100.

The Ngoni conquerors reckoned descent in the male line, while most of the people whom they conquered and with whom they married traced descent through the mother. To-day for practical purposes, descent is omnilateral, in that any connection through a male or female ancestor can be made use of as the occasion demands.

342 /5 cont'd/ With both bamboo and pole huts, the
[912] construction of the walls and roof is the work of men, while women are responsible for plastering walls, floor and verandah, and for collecting the grass for the roof. Pole huts are more often than not plastered on the outside as well as on the inside of the /6/ wall, and
[353] women like to make designs on them in plasters of different colour, with inscriptions and drawings.

The favourite time for hut building is from June to September,
[221] when there is comparatively little work to do in the gardens. A man may undertake the major part of the work himself, but if his wife is co-operative and brews beer, he will also get his friends to come and
[414] help him, as a working party. Perhaps fifteen or twenty people will come, the men cutting and carrying poles and fixing them in place, the women bringing grass for thatching. If many people attend, then the walls will be put up, and the thatching started, but if the friends are few, then the beer will be finished while the roof of the house is still not thatched, and the owner will have to finish the work himself.
[465] In any case, he will need to offer at a later date, either more beer, or salt, or meat, or sometimes money, to women to come and plaster the walls and floor. Building may however be an operation spread over many months, and if the work is started late in the season, the rains may come before the roof is on. In this case, the building may be left until the following year, when there is again time to spare for building, and good supplies of thatching grass are available. Alternatively, the owner may become discouraged, and use the poles for firewood. A well-built pole hut will last five years and a bamboo hut longer.

343 Storehouses are built of bamboo or of thick grass, and are sometimes plastered. They have a detachable roof that acts as a lid, and the whole construction is built on a plastered platform about two feet off the ground. Separate storehouses are used for each household
[592] and for different crops, maize, finger millet, kaffir-corn and ground-
[241] nuts. If a man has two maize gardens, he may keep the produce in separate storehouses. Unmarried and newlywed persons store with their parents. Storehouses last two or three years.

/10 cont'd/

524 after moving other beans out of a hole. A boys' game played in the wet season is played with egg-shaped pieces of mud, with a small flange at one end. These pieces are thrown down on to the water, and ought to make an explosive noise.

/11/ VII

243 [221] Maize, the main crop, is planted with the first steady rains in November, and is harvested soon after the end of the rains in April or May. [243] Under the influence of the Agricultural Department of the Government, planting in small ridges following the contour is increasingly practised, but prior to the introduction of this and other new agricultural methods in the 1930s, planting was carried out in mounds about three feet in diameter and eighteen inches high. Finger millet is grown on patches of soil on which branches and garden 241 trash have been burnt. However, the citemene system, as known in other parts of the country, in which trees are felled over a wide area and burnt to fertilise a small area in the middle, is not practised as a principal method here. Finger millet is the only crop to be planted solely in ash fertilised patches, while the rest of the cleared ground may be planted with beans and nuts, and in the following season, with maize. Gardens last from two up to twenty or more years, depending on the type of soil, and the selection of a garden site is determined to some extent by the nature of the soil and of the vegetation growing on it.

244 In seepage areas, dry season gardens can be cultivated, and it is in such gardens, fenced in to keep out straying animals, that vegetables are grown for sale to Europeans and in the villages. These sites are also used for early planted maize, which is harvested in January and eaten in the form of green mealies. In the villages [249] themselves, small plots of tobacco and castor oil are grown on old hut sites, while abandoned village sites are used as subsidiary gardens for maize and other crops. Mango, banana, and pawpaw trees are 245 found in villages and on the sites of abandoned villages.